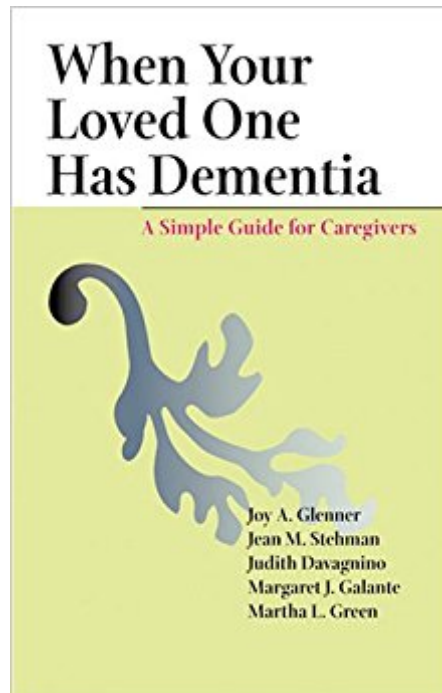




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When Your Loved One Has Dementia: A Simple Guide For Caregivers



Synopsis

Eighty percent of persons with dementia live at home, and the family members caring for them are often overwhelmed by the enormous responsibility and the complexities of care. This book is designed to support the caregivers and help them understand the needs and feelings of the person for whom they are caring. A central focus is the goal of sustaining a loving family relationship between the caregiver and the patient. Developed from a training program for professionals and family caregivers, this book teaches the basics of dementia care while emphasizing communication, understanding and acceptance, and personal growth through the caregiving experience. The result is a guide that integrates the practicalities of caregiving with the human emotions that accompany it.

Book Information

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Customer Reviews

"A succinct, original tool for caregivers of people with Alzheimer disease and other dementias. Highly recommended." (Peter V. Rabins, Johns Hopkins Medical Institutions, coauthor of *The 36-Hour Day*) "This is a good beginning book for the person who is learning to care for someone with dementia. It is sensitive to the feelings and needs of the caregiver." (Nancy L. Mace, coauthor of *The 36-Hour Day*)

Joy A. Glenner is the president of the George G. Glenner Alzheimer's Centers. Jean M. Stehman is the director of the Glenner School of Dementia Care. Judith Davagnino is the director of operations for the Glenner Alzheimer's Family Centers. Margaret J. Galante is the director of

nursing, and Martha L. Green is the nursing education supervisor.

A too simple guide for caregivers. Now it does give some interesting tips on communication, activities, problems meeting goals, etc., it is really, in my opinion, a book for individuals who are new to the caregiving situation. It does not address the complexities about how the caregiver feels; like tips for assuming patience in the face of a very daunting, tiring task. What is not discussed is how caregivers can help themselves in fighting fatigue, symptoms of burnout, and lack of sleep. Now as caregivers, this is not to say we should feel victimized; it is a circumstance that one day we may all find ourselves in. It is simply that this book is not really a stress-reliever, it reads more like a primer that I feel could make a newcomer to this game feel a little guilty. Like the chapter on the activities. Who has time for that? It's a nice idea, but when you are changing bed linens, feeding, giving medications to, and making certain on a daily basis that your loved one does not hurt himself, there is little time for "activities". I also get the impression, as in many other books, it assumes that all caregivers have help. Not! What if you have no family and friends around? What if you cannot afford a paid caregiver? While, as previously stated, this book might be a good beginning point for a person starting their journey as a caregiver, I would ask the newcomers to this role please do not feel guilty if you are not engaging in everything contained in this book; you are no doubt doing an excellent job, and the very best you can.

Published in 2005 by the Johns Hopkins University Press, this small book is clear, concise and a great help for the thousands of families who must deal with dementia. There are six chapters: The first is "Understanding and Acceptance". Very difficult to do but this chapter lays it all out. The second chapter is "Preparing For The Future". Dementia is a terrible disease and the "long good-bye" requires compassionate caregiving. The third chapter is "Communication, the Key to Quality of Life for You and Your Loved One." As a caregiver, you will refer to this chapter many times. The fourth chapter is "Safety for You and Your Family Member with Dementia." There are many helpful suggestions for in-home care. The fifth chapter is "The Necessities of Daily Life: Getting Things Done with, Not Just for, Your Loved One". And the sixth chapter is "Keeping Busy and Enjoying Time Together." Also included is a glossary, resources, and an index. The "Bible" for Alzheimer's caregivers is "The Thirty-Six Hour Day", however, this "simple" guide for caregivers is like a condensed version and covers a great deal so I highly recommend it for reading, giving, and sharing. Those who have a parent or a partner with dementia need all the resources they can find. If you have a friend or family member who "doesn't understand dementia" - give them this small book

loaded with information on the subject.

I ordered this book because my mother has dementia. This book explained so much as to what we see her going through, and the stages of what she's going through. I bought it originally as an upload to my Kindle, then turned around and bought this book for my Dad. He is her primary caregiver when she's not in a nursing home environment. She has been progressively getting worse over the years, and this book outlines all of these changes. It is written for an easy read for both my Dad, me, and my sisters. I recommend it for help with the caregivers of those with dementia.

I saw a man reading this book on an airplane about the time I realized that something wasn't "right" with Mom. I downloaded it that night from , and immediately realized that I had been doing so many things wrong in my approach with Mom. This helped me understand what her world was becoming and how to be supportive and reassure her in an appropriate way. It is easy to read, and it a great "starter" resource for your journey.

Frankly, I did not get much out of this book, I skimmed through it, it is a very thin book. It didn't tell me much I didn't already know. A better book on this subject is "Helping Your Aging Parent" I should have saved my money. Was looking for some answers to my questions about how to deal with all of this, my elderly mother who has dementia, and got hardly any information. Most of what is in here...I already knew.

This is a great informational book for the person who is entering uncharted waters regarding the health and well-being of a family member or friend with mild cognitive impairment or mild dementia. It teaches the basics and is a great beginner book. You will need to pursue other avenues to obtain information regarding advanced impairment or dementia. This is a great door-opener but leaves questions unanswered regarding progression of dementia or Alzheimers and how to deal with issues regarding non-compliance of a patient.

Scanned through it quickly and it has sections that are relevant to my husbands condition. Since his kids don't understand his illness, I plan on buying several copies of this and highlighting parts of it to help them realize he is ill and not making it all up.

The book is filled with much common sense information. It could have been condensed. I wanted to

be able to read this book from my Ipad, anywhere. Therefore I am Very disappointed that I cannot download the book to my Ipad. I must sign in to and open iCloud to read. Hich mean I must be connected to Internet.Major disappointment. Should have purchase hard copy from local store

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